

# JANUARY

2019



I'm  
**ORANGE  
STAR**

**GOOD  
EATS AT**

Pre-K Breakfast & Lunch  
Menus

Special Food of the  
Month  
ORANGES

**SPECIAL  
ANNOUNCEMENTS**

**Breakfast Menu:**

**Monday** – Waffle Sticks

**Tuesday** – Banana Bread

**Wednesday** – Breakfast Pizza

**Thursday** – Blueberry Muffin

**Friday** - Pancake

M	T	W	TH	F
	1	2	3	4
	Chicken Nuggets Mashed Potatoes Applesauce Milk	Grilled Cheese Sandwich Green Peas Fruit Slush Milk	Hamburger Green Beans *Mandarin Oranges Milk	Beef Nachos Mexicali Corn Pineapple Milk
7	8	9	10	11
Chicken Spaghetti Broccoli w/ Ranch Peaches Milk	Chili & Rice Pinto Beans Flavored Raisins Milk	Corn Dog Tater Bucks *Mandarin Oranges Milk	Cheese Pizza Sticks Cucumber Slices Cinnamon Applesauce Milk	Crunchy Tacos Refried Beans Tropical Fruit Milk
14	15	16	17	18
MLK Holiday	Country Fried Steak Cinnamon Carrots Pineapple Milk	Chicken Quesadilla Refried Beans Fresh Fruit Milk	Hot Dog Tater Gems *Mandarin Oranges Milk	Tornado French Fries Peaches Milk
21	22	23	24	25
Pizza Slice Green Beans Tropical Fruit Milk	Chicken Nuggets Carrot & Celery Sticks Fruit Slush Milk	Frito Pie Pinto Beans *Mandarin Oranges Milk	Chicken & Dumplings Seasoned Corn Flavored Raisins Milk	
28	29	30	31	



TEXAS DEPARTMENT OF AGRICULTURE  
COMMISSIONER SID MILLER



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# ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



## FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

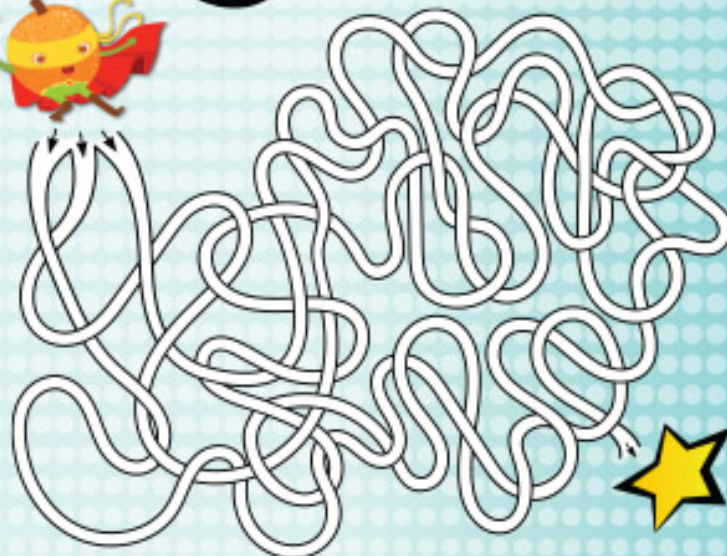


ORANGE STAR'S  
FAVORITE  
ACTIVITIES  
Traveling and  
Swimming



## MAZE

Color the path that will lead the superhero to his missing star.



**POW!**  
ARCH ENEMY  
Fruit Flies

## JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3