

JANUARY

2019



I'm
**ORANGE
STAR**

**GOOD
EATS AT**

Alternate Lunch Entrees
Monday – Pizza Slice
Tuesday – Chicken Nuggets
Wednesday – Corn Dog
Thursday – Hamburger
Friday – Tornado

Special Food of the Month
 Oranges

**SPECIAL
ANNOUNCEMENTS**

Breakfast Menu:
Monday – French Toast or Waffle Sticks
Tuesday – Bacon Breakfast Burrito or Banana Bread
Wednesday – Breakfast Pizza or Sausage Biscuit
Thursday – Cinnamon Roll or Blueberry Muffin
Friday – Pancake or Kolaches

*Cereal/ Milk offered daily

M	T	W	TH	F					
	1	2	3	4					
7	Salisbury Steak Dinner Roll Mashed Potatoes Seasoned Carrots Applesauce Choice of Milk	8	Grilled Cheese Sandwich Green Peas Side Salad w/ Tomatoes Fruit Slush Choice of Milk	9	Meatloaf Green Beans Au Gratin Potatoes *Mandarin Oranges Choice of Milk	10	Beef Nachos Pinto Beans Mexicali Corn Pineapple Choice of Milk	11	
14	Chicken Spaghetti Green Beans Broccoli w/ Ranch Peaches Choice of Milk	15	Chili & Rice Pinto Beans Glazed Carrots Flavored Raisins Choice of Milk	16	Chicken Sandwich Green Peas Tater Bucks *Mandarin Oranges Choice of Milk	17	Cheese Pizza Sticks Cucumber Slices Seasoned Corn Cinnamon Applesauce Choice of Milk	18	Crunchy Tacos Refried Beans Side Salad w/ Tomatoes Tropical Fruit Choice of Milk
21	MLK HOLIDAY	22	Country Fried Steak Mashed Potatoes Cinnamon Carrots Pineapple Choice of Milk	23	Chicken Quesadilla Refried Beans Mexicali Corn Fresh Fruit Choice of Milk	24	Hot Dog Baked Beans Tater Gems *Mandarin Oranges Choice of Milk	25	BBQ Sandwich French Fries Cucumber Slices Peaches Choice of Milk
28	Sloppy Joe Sandwich Potato Salad Green Beans Tropical Fruit Choice of Milk	29	Taco Soup Carrot & Celery Sticks Au Gratin Potatoes Fruit Slush Choice of Milk	30	Frito Pie Pinto Beans Broccoli & Cheese *Mandarin Oranges Choice of Milk	31	Chicken & Dumplings Side Salad w/Tomatoes Seasoned Corn Flavored Raisins Choice of Milk		



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
 This institution is an equal opportunity provider.

ORANGE STAR

Orange

Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.



FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

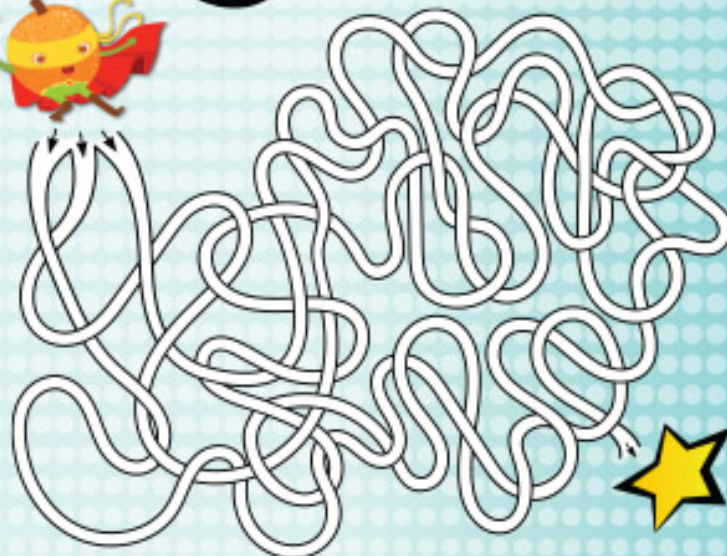


ORANGE STAR'S
FAVORITE
ACTIVITIES
Traveling and
Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3